

St. Thomas
Mar Thoma Church, NY

34 Morris Street, Yonkers, NY 10705

<http://www.stthomasmtc.org>

MARCH



2025

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NEWSLETTER VOL. XLV NO. 3

MARCH WORSHIP SERVICE SCHEDULE

Date	Time	Worship
Sun, Mar 2	9.30 AM	English Holy Communion Service Live Stream Available
Sun, Mar 9	9.30 AM	English Holy Communion Service Live Stream Available General Body Meeting
Sun, Mar 16	9.30 AM	Malayalam Holy Communion Service Live Stream Available.
Sun Mar 23	9.30 AM	Malayalam Holy Communion Service Live Stream Available
Sun, Mar 30	9.30 AM	Malayalam Holy Communion Service Live Stream Available

March Lectionary and Important days in Sabha Calendar

Date	Lesson 1- Lesson 2	Epistle-Gospels
02 Sunday	Beginning of the Great Lent: Jesus who transforms everything	
	Deut 30:1-10	Rom 12:1-3
	Rev 21:1-8	John 2:1-11
09 Sunday	Jesus Christ who holds together the neglected (Second Sunday of the Lent)	
	Jer 33:6-11	Jas 4:7-10
	Phlm 1:8-21	Mark 1:40-45
16 Sunday	Jesus Christ who gives healing and redemption from sin (Third Sunday of the Lent)	
	2 Kgs 5:1-14	Rom 5:6-11
	Acts 16:16-18	Mark 2:1-12
23 Sunday	Jesus Christ who makes redemption possible for everyone (Fourth Sunday of the Lent)	
	Hos 2:14-23	1Cor 1:18-25
	Acts 5:12-16	Matt 15:21-28
30 Sunday	Jesus Christ who grants the fullness of humanity (Fifth Sunday of the Lent)	
	Isa 66:12-15	1Pet 1:18-25
	Rom 3:23-31	Luke 13:10-17

~Vicar's Message~

Dear loved in Christ,

From the first signs of Spring to the start of Daylight Saving Time, March is a month full of new beginnings. The month of March is blessed with the observance of Great Lent, this is the time for an introspection. I pray that it will be an opportunity for us to become more humble and identify with the sufferings of Christ. I again request to you to open your houses for Lenten prayer. It will be a great blessing to our community.



March 7th is observed as World Women's Day of Prayer. Through this, they encourage us to take up the burdens of others, to sympathize with the problems of other countries and cultures, and pray with them. March first Sunday, we meditate upon the theme "Jesus who transforms everything ." Lent should be a beautiful occasion for us to undergo a transformation, as the water is transformed into wine .Second Sunday, we meditate upon the theme "Jesus Christ who holds together the neglected" Here, we see Jesus Christ, holds the negated through giving spiritual and physical deliverance to the people. The observance of Lent should be strengthen us to do the same. Third Sunday we meditate upon the theme "Jesus Christ who gives healing and Redemption from sin". Jesus teaches that The ultimate healing is redemption from sin. Fourth sunday we meditate upon "Jesus Christ who makes Redemption possible for everyone". March 26th, we observe Mid- lent. Fifth Sunday we meditate upon "Jesus Christ who grants the fullness of humanity". We have a good practice of submitting an amount to GSF undesignated in Lenten period, But nowadays it is very difficult to transfer money from our church account to India. But we have many applications and if you are interested I will give the details and you can send them directly to the deserving ones. I request your generous participation for the same. May Lord bless us all.

Rev. John Philip
Vicar

Youth Chaplain's Message

Glory be to the Father, Son and Holy Spirit - One True God! Amen!
Beloved family,

As we step into the Great Fast, we are invited to embrace a season of reconciliation, renewal, and profound reflection. The commencement of Great Lent is marked by the liturgy of Shubkono—a sacred gathering where we set aside our burdens and open our hearts to divine peace. In this holy service, our prayers call us to quiet our egos, cleanse our souls, and deepen the bonds within our community.

Drawing on the harmonious teachings of Scripture and the wisdom of our early Church Fathers, we find that genuine renewal begins with the transformation of the heart. As the psalmist pleads, “Create in me a clean heart, O God, and renew a steadfast spirit within me” (Psalm 51:10), so also St. John Chrysostom reminds us that “Fasting is the medicine of the soul.” Together, these voices guide us away from mere outward practices, inviting us into a deeper journey of introspection and humility—one that reshapes our inner lives and reinforces our relationships with others.

Reimagining the story of the wedding at Cana, we encounter a narrative of transformation and abundance. Just as water is miraculously transformed into wine, our humble acts of kindness and reconciliation have the power to elevate the ordinary into the extraordinary. Each gesture of humility ignites hope and nurtures a more compassionate community.

May this Lent be a time of sincere reflection, soulful rejuvenation, and steadfast unity—a journey where our renewed spirits light the path to a kinder, more loving world. With heartfelt prayers and blessings for a transformative and meaningful Lenten season, God be with you all.

Youth Fellowship Housekeeping

NERYF Fifth Sunday Combined Holy Qurbana

We invite you to join us at 10:00 am on March 30, 2025, at St. James Mar Thoma Church (253 Ehrhardt Rd, Pearl River, NY 10965) for our NERYF Fifth Sunday Combined Holy Qurbana. Ms. Esther Mathew, a member of Salem Mar Thoma Church, NY, will share the message. Let us make this a special time of worship, fellowship, and networking. We encourage everyone to carpool and make this event a blessing for all involved. Parents, please remember to arrange carpools and send your youngsters to this wonderful gathering. More details will follow soon.

Youth Chaplain's Message (Contd)

Combined Youth Fellowship Bible Study

On Wednesday, March 12 and 26, 2024, at 7:00 pm, we will be meeting at the Youth Chaplain's Parsonage for a night of spiritual growth, connection, and meaningful discussion. All are invited, and we would love for you to join us as we dive into God's Word together. Please mark your calendars and don't miss out on this enriching opportunity to learn and share in fellowship.

Monthly Parish Youth Fellowship Meetings

Our regular Parish Youth Fellowship Meetings continue to be wonderful occasions for us to deepen our faith and friendships. If you need further information about dates, times, or activities, please reach out to your Parish Youth Fellowship Secretary, who will have all the details. Let us make the most of these gatherings and encourage one another to grow in faith and unity.

College Visits – Let's Fellowship in Christ!

Students, we have an exciting opportunity for you to connect and support each other on campus. Your Youth Chaplain looks forward to visiting colleges for fellowship, prayer, and encouragement. Whether you need a break from studies or a boost in your spiritual walk, we are here for you. Please keep an eye on the NERYF Instagram for exact dates and details regarding these visits. Remember the reassuring words of Matthew 18:20: "For where two or three gather in my name, there am I with them."

May the spirit of the Great Fast draw us closer to one another and to Christ. As we journey together, let us remember that our humble gestures—acts of compassion, service, and prayer—are the channels through which Christ's love flows into the world. Wishing you all a blessed and meaningful Lenten season filled with renewal, reflection, and a profound sense of community.

In Christ's love,
JVarghese Achen

OBITUARY

Our member Mr. Joshua V Alexander went to his heavenly abode on February 13, 2025. Wake services were held in our Church on Friday February 21, 2025 and Funeral service on Saturday February 22 followed by Internment at Kensico Cemetery.

On behalf of St Thomas Mar Thoma Church NY I express our sincere condolences and prayers to the bereaving families and pray that God give them sufficient peace, courage and strength to face this difficult time.

Bible Quiz (Exodus :31 – 40)

1. അന്താഴങ്ങൾ ഉണ്ടാക്കിയത് എന്ത് കൊണ്ട്?
2. കൃപാസനം ഉണ്ടാക്കിയത് എന്തുകൊണ്ട്?
3. ശബത്തിനെ അശുദ്ധമാക്കുന്നവർ എന്ത് ശിക്ഷയാണ് അനുഭവിക്കേണ്ടത്?
4. പതക്കത്തിന്റെ നാലാമത്തെ നിരയിൽ പതിച്ചിരുന്ന രത്നങ്ങൾ ഏതെല്ലാം?
5. ആണ്ടുറുതിയിൽ ആചരിക്കേണ്ട പെരുനാൾ ഏത്?
6. എവിടെ മുതൽക്കാണ് യിസ്രായേൽ മക്കൾ ആഭരണം ധരിക്കാത്തത്?
7. തൈലക്കാരന്റെ വിദ്യപ്രകാരം ഉണ്ടാക്കിയത് എന്താണ്?
8. എന്തെഴുത്താണ് വിശുദ്ധ മുടിയുടെ നെറ്റിപ്പട്ടത്തിൽ കൊത്തിയത്?
9. വഴിപാട് വന്ന താമ്രം എത്രയായിരുന്നു?
10. എത്ര മുട് ശീല കൊണ്ടാണ് തിരു നിവാസം ഉണ്ടാക്കിയത്?

1. Why were crossbars made of ?
2. Why was atonement made of ?
3. What punishment should those who desecrates the Sabbath ?
4. What are the precious stones in the fourth row of the breastpiece?
5. Which festival should be observed in turn of the year ?
6. Since when did Israelites strip off their ornaments ?
7. What is made by the work of a perfumer?
8. What writing is engraved on the plate of the sacred emblem ?
9. How much bronze was the wave offering?
10. How many curtains were used to make tabernacle

Organizational Meetings

Sevika Sanghom and Edavaka Mission Joint Prayer Meetings

Event	Date & Time	Location
Friday Prayer	Fri, Mar 7 10.00 am	Via Zoom
Friday Prayer	Fri, Mar 14 10.00 am	Via Zoom
Friday Prayer	Fri, Mar 21 10.00 AM	Via Zoom
Friday Prayer	Fri, Mar 28 10:00 am	Via Zoom

Sevika Sanghom World Day of Prayer will be held in Our Church on Saturday March 8th, 2025 beginning at 9.30 AM. Main Speaker Mrs. Sharon Mathew Theme: I made you beautiful

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Day Light Savings Time begins on Sunday March 9. On that day 2 AM will become 3 AM. We will lose one hour of sleep, but come to Church early as we have General

Special Prayer Meeting at the residence of Mr. Simon Ninan, 829 Mickleton Dr, NJ on Saturday, March 15, 2025 at 12 Noon.

Senior Citizen's Fellowship Meeting

Thursday Mar 6 and Thursday Mar 20, 10.00 AM via Zoom

**For more Information please contact
Mr. George Varkey (845) 268-0812**

LENT PRAYER SCHEDULE

1. Monday March 3rd Mr. John K Abraham, 32 Eckerson Lane, Spring Valley Phone 845 426 2327
2. Tuesday March 4th Mr. Y Varghese, 9 Emerald St, Yonkers 914 964 5443
3. Wed March 5th TBA
4. Thu Mar 6th, Mr. N J Mathai 201 Shonnard Terr Yonkers 914 376 3010
5. Fri March 7 Mr. Thomas C Abraham, 5020 Goodridge Ave Bronx
6. Sat Mar 8 TBA
7. Sun March 9 TBA
8. Mon Mar 10 Mr. K G Varghese, 2 Amherst Dr, Yonkers 914 330 9672
9. Tue Mar 11 Mr. Josen Joseph 189 Roundhill Dr, Yonkers 914 346 8644
10. Wed Mar 12 TBA
11. Thu Mar 13 Mr. Jacob Vaidian, 222 Roundhill Dr, Yonkers 914 337 2470
12. Fri Mar 14 Mr. Raju Varghese 133 Van Cortland Park 914 378 8094
13. Sat Mar 15 Mr. Manoj Mathew 5 Wayne Way, White Plains 914 229 1433
14. Sun Mar 16 Mr Sabu Joseph 105 N Harrison Ave Congers 914 364 6241
15. Mon Mar 17 Mr. Varghese Oommen 6 Mayfield St Valley Cottage 845 353 1369
28. Tue Mar 18 Mr. Sam V. Kuruvilla 28 Balmoral Cres White Plains 914 231 9238
29. Wed Mar 19 Mr. Shaji Varghese 214 Grandview Blvd Yonkers 914 393 2527
30. Thu Mar 20 TBA
31. Fri Mar 21 Mr. Aju Daniel, 72 Old Middletown Rd New City 914 255 8478
32. Sat Mar 22 Mr. Mayfield Eapen 71 Nimitz Rd Yonkers 914 457 2323
33. Sun Mar 23 Mr. Ullas P Thannickal, 231 N Little Tor Rd New City 845 638 8075
34. Mon Mar 24 TBA
35. Tue Mar 25 Mr. Abraham Koshy 315 7th Ave, Pelham 914 737 0688
36. Wed Mar 26 TBA

LENT PRAYER SCHEDULE

25. March 27 Mr. John Jacob, 160 Winthrop Ave Elmsford
26. March 28 Mr. Thomas Oommen 313 Old Westbury Rd East
516 796 2672
27. March 29 Mr. Philip Kayalvarathu 11 Hillandale Ave N White
Plains 914 761 6513
28. Sun Mar 30 Mr. Thomas Oommen, 9 Dugan Lane, Yonkers .
29. Mon Mar 31 TBA
30. Tue April 1 Mr. M C Chacko 8 Flint Dr Spring Valley
845 356 1848
31. Wed Apr 2 Mr. Cheriyan Varughese, 5 Via Trenta Ct Yonkers
914 965 0969
32. Thu Apr 3 TBA
33. Fri Apr 4 Mr. Mathew Abraham, 6 Glen Ave, Portchester
914 939 8194
34. Sat Apr 5 Mr. John K Abraham 32 Eckerson Ln Spring Valley
845 426 2327
35. Sun Apr 6 Mr. Robin Punnoose 37 Montrose Rd Yonkers
914 888 6897
36. Mon Apr 7 Mr. Samuel Ninan 707 Cottage Pl Teaneck NJ 201
692 0649
37. Tue Apr 8 Mr. P T Thomas, 10 Carbery Ct Pomona
845 596 3030
38. Wed Apr 9 Mr. M J George 280 Mirth Dr Valley Cottage
914 924 4777
39. Thu Apr 10 Mr. Daniel P K Vaidyan 131 Harvard Dr Harts-
dale 914 761 9872
- 40. Fri April 11 No Lent prayer. 40th Friday Holy Communion
Service at 9.30 AM**
41. Sat Apr 12 Mr. Johnkutty Geevarghese, 36 Archer Ave White
Plains 914 948 2596

All Lent prayers will begin at 6.30 PM. On Saturdays and Sundays Lent Prayers will be in English, There is a new Lent Service Order which has been circulated to all via WhatsApp. Also the Lent Theme and Lectionary of each day both in Malayalam and English is circulated via WhatsApp. If any one would like to give message in any of these sessions, kindly contact Achen. In case of any question or concern about the schedule, kindly contact Edavka Mission Secretary Mr. John K Abraham at 845 426 2327.

February Answers

- 1.Urim and the Thummim(28:30)
2. Festival of Unleavened Bread,Festival of Harvest and Festival of Ingathering (പുളിപ്പില്ലാത്ത അപ്പത്തിന്റെ ഉത്സവം, കൊയ്ത്ത് പെരുന്നാൾ, കായ്കനി പെരുന്നാൾ)(23:14-17)
- 3.Sorceress (ക്ഷുദ്രക്കാരത്തിയെ)(22:18)
- 4.Bribe (സമ്മാനം)(23:8)
- 5.dogs(22:31)
- 6.Stoned to death (21:28)
- 7.Nadab and Abihu, Eleazar and Ithamar(28:1)
- 8.6(25:32)
- 9.20(30:13)
- 10.HOLY TO THE LORD (28:36)

Winners

Annamma Mathew
Thankamma John
Sherly Vaidyan
Sosamma Varghese
Mercy Rajan
Susan John
Saramma Thankachen
Mariamma Thomas
Sosamma Abraham

A meeting of the Youth Fellowship will be held on March 8, 2025 at 5PM at the residence of Miss Laila Philip, 29 North Park Terrace, Congers NY 10929

BIBLE VERSE FOR THE MONTH OF MARCH

“Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? Is it not to share your food with the hungry and to provide the poor wanderer with shelter, when you see the naked, to clothe them” Isiah 58: 6-7

MARCH BIRTHDAYS

Bronx/Yonkers South/West

Mrs. Rachel Koshy	4 Gateway #2D	1
Mrs. Annamma Samuel	9 Woodlands Ave	12
Mr. Varghese Philip	16 Astor Place, #31N	14
Mrs. Susan Jacob	245 Rumsey Road apt 2L	15
Mrs. Molly Joseph	30 Post Street. Apt 5G	17
Mrs. Annamma John	67 Raybrook Road	20
Mr. Isaac John Mathew	80 Riverdale Ave, Apt #8K	25
Mr. Lenny Thomas	68 Linn Ave,	26

Manhattan/New Jersey

Mr. Lucien Thomas	1758 W 5th St	3
Mr. Jonathan Behanan Mathews	10 Freeman St	6
Mr. Samuel Ninan	707 Cottage Place	8
Mrs. Neena S. Philip	29 High Mountain Drive	20
Mr. Samuel Mathew		23
Mrs. Blessy N. Varkey	39 Hickory Hill Ct	24
Mr. Jithin Samuel Easo	257 Bradley Ave.	29
Mr. Joseph Mathews	10 Freeman Street	29
Mr. Thomas Daniel Ninan	829 Derius Drive	30

Queens/Long Island

Ms. Jibi Mary Raj	871 Abbott Street	6
Mr. Jayson T. Jacob	49 Gary Road	14
Mr. Ezra Simon Jacob	8356 249th Street	23
Ms. Rebecca Aley David	1480 Horseshoe Dr.	28
Mr. George David	1480 Horseshoe Dr.	29
Mr. Benjie Varghese	17 Wendell St	30

Rockland

Mrs. Shyni Joseph	9 Spray Court	2
Ms. Sara Ouseph	4 Arrow Lane	2
Mrs. Ancy Andrews	7 Oak Lane	3
Mr. Jomy Mathew	576 ROUTE 304	3
Ms. Laila Grace Philip	29 North Park Terrace	3
Ms. Anna Marie Jacob	306 Quidor Court	5
Mrs. Bibi Susan Abraham	8 Birret Drive	8
Mrs. Cecily Abraham	5 Allison Cir	9
Mrs. Libby Cherian	3 Stern Place	10
Mr. Andrew Jerry John	7 Oak Lane	10
Mr. Jacob Oommen	892 Route 9W	15
Mrs. Elsy Jube	21 South Cranford Road	16

MARCH BIRTHDAYS (contd)

Mr. Nathaniel Sujin Samuel	5 Spruce Drive	16
Mrs. Annamma Thannickal	22 N. Debaun Ave Suite 108	17
Mrs. Smitha Sara Zachariah	105 N Harrison Ave	17
Mr. George Byju Koshy	9 Dade Rd	20
Mr. K. M. Thomas	5 Eckerson Lane	22
Mr. Lucas Jonathan	488 Strawtown Road	23
Mr. Deepak John Joseph	9 Spray Court	23
Mrs. Sosamma Varughese	24 Reginald Drive	25
Mr. Abey Cherian	27 Hemptor Rd	26
Mr. Joseph Koshy	86 Susan Drive	26
Mr. Ullas P. Thannickal	231 North Little Tor Road	29

Upper Westchester/CT

Mr. Benoy Kochumman	288 Fisher Ave	6
Asher Mathews	18 Bradhurst Ave	7
Mrs. Annu George Jacob	181 Weed Ave	9
Mr. John Daniel	39 Brookland Farms Road	12
Dr. Anila Marie George	11 Chimney Pot Lane	14
Dr. Varghese Thankachen	67 Sylvan Road	15
Ms. June Koshy	7 Bonnie Meadow Rd	16
Mr. Lucas George Jacob	181 Weed Ave	18
Mrs. Soma John	39 Brookland Farms Road	22
Dr. Mathew J. Parayil	232 Carol Ave	24
Ms. Selah Ann Simon	99 Aspen Lane	24
Mr. Alex J. Vaidyan	131 Harvard Drive	29
Mrs. Aparna Mariam Thomas	4 Salk Dr	31

Yonkers East

Ms. Jenna Grace George	55 Patton Drive	13
Mrs. Merina Andrews	38 Eisenhower Drive	17
Ms. Johanna Pradeep	38 Eisenhower Drive	22
Mr. Pradeep Kuruvilla	38 Eisenhower Drive	24

Yonkers North

Mrs. Elizabeth George	1564 Nepperhan Avenue	1
Mr. Robin Abraham	23 Eville Avenue	4
Mr. Abraham Samuel	377 N. Broadway, Apt. 208	8
Mr. Rylan John Libin	15 Bretton Road	9
Ms. Serah Robin	37 Montrose Road	24
Mrs. Irene Babukutty	437 Palisade Ave APT H 1	25
Mrs. Liji Mathew	2 Nassau Rd Apt 1	26
Mr. K. C. Thomas	360 Edwards Place	

MAR WEDDING ANNIVERSARIES

Queens/Long Island

Mr. T. P. Jacob & Mrs. Mary Jacob 1
1 Duke Drive

Upper Westchester/CT

Dr. Mathew J. Parayil & Dr. Cible Mathulla 5
232 Carol Ave

Mr. Daniel P. K. Vaidyan & Mrs. Sherly Vaidyan 6
131 Harvard Drive

Dr. Sam G. Cherian & Dr. Suja Abraham 15
288 Spring Rd.

Yonkers East

Dr. Santhosh M. Alex & Mrs. Juby Alex 22
23 Linda Lane

Yonkers North

Dr. Georgy Easow & Dr. Jijy Easow 24
55 Old Mill Rd

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Lent– A time for Prayer, Fasting and Giving

Lent is a time for us to come closer to God, meditate upon and understand the sacrifice of Jesus to save us from sin. Three main focuses during Lent are **prayer, fasting and giving.**

Prayer during Lent focuses on our need for God’s forgiveness. It’s also about repenting and receiving God’s mercy and love.

Fasting is giving up something most important to us . Why we have to avoid meat or fish during lent? Because non -vegetarian food is regular part of our diet and giving up that is important to us is an integral part of lent observance. Also it shows a modest life style.

Giving money or doing something good for others is a way to respond to God’s Grace, generosity and love. In our church we collect money during the lent period to support the needy. During the passion week, we collect Upekshana Varam (Self Denial). It is the money we saved by fasting and by avoiding expensive food or other items.

EXECUTIVE COMMITTEE - 2025

<u>Position</u>	<u>Full Name</u>	<u>Home Phone</u>
Vicar/President	Rev. John Philip	(914) 450-3162
Vice President	Mr. John Abraham	(845) 634-9319
Secretary	Mr. Sunil P. Varughese	(845) 596-3030
Treasurer	Mr. Biju P. Varughese	(845) 5960537
Accountant	Mr. Ullas P Thannickal	(845) 638-8075
Lay Leader - Malayalam	Mr. M J George	(914) 924-7774
Lay Leader - English	Mr. Sean Thannickal	(845) 498-8976

AREA PRAYER GROUP REPRESENTATIVES

Manhattan/NJ	Mr. Uthup Varkey	201-637-5890
Queens/LI	Mr. T P Jacob	(516)365-3750
Rockland	Mr. Sunny P Ninan	(845) 596-0935
Rockland	Mr. Varghese E Oommen	(845) 353-1369
Upper Westchester/CT	Mr. Cheruthone Mathai	(203) 797-1076
Upper Westchester/CT	Mr. Manoj Mathew	(914) 229-1433
Yonkers East	Mrs Jessy Kuruvilla	(914) 661-6095
Yonkers North	Mr. K C Thomas	(914) 963-3499
Yonkers South/West/ Bronx	Mr. Thomas John	(914) 662-7535

MANDALAM & DIOCESAN REPRESENTATIVES

Sabha Mandalam	Mr. Cheriyan Varughese	(914) 965-0969
Diocesan Representatives	Mrs. Sherly Thomas	(516) 796-2672
	Mr. Levan G Thomas	(917) 406-1149
	<i>Mr. Samuel K Samuel</i>	<i>(914) 693-8490</i>

ORGANIZATIONAL REPRESENTATIVES

Choir	Mr. Joseph Oommen	(914) 343-4652
Edavaka Mission	Mr. John K Abraham	(845) 426-2327
Sr Citizens Fellowship	Mr. George Varkey	(845) 268-0812
Sevika Sanghom	Mrs. Aleyamma Varghese	(914) 378-8094
Sunday School	Mr. Sajan Abraham	(917) 304-2121
Youth Fellowship	Mr. Shyju Varughese	(845) 596 0537
Young Family Fellowship	Mr. John Abraham	(845) 634 9319
Yuvajana Sakhyam	Mr. Jishu Samuel	(914) 690-4868

AUDITORS

Mrs. Elizabeth Abraham	(845) 634-9319
Dr. Varghese Abraham	(914) 961-4405

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<u>Position</u>	<u>Full Name</u>	<u>Home Phone</u>
Vicar/President	Rev. John Philip	(914) 450-3162
Vice President	Mr. K.C. Thomas	(914) 374-7180
Secretary	Mr. P.T. Thomas	(845) 596-3030
Treasurer	Mr. Biju P. Varughese	(845) 5960537
Accountant	Mr. Ullas P Thannickal	(845) 638-8075
Lay Leader - Malayalam	Mr. M J George	(914) 924-7774
Lay Leader - English	Mr. Sean Thannickal	(845) 498-8976

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Manhattan/NJ	Mr. Jacob M Varghese	201-481-3165
Queens/LI	Mr. T P Jacob	(516) 365-3750
Rockland	Mr. M.C. Chacko.	845) 356-1848
Rockland	Mr. Varghese E Oommen	(845) 353-1369
Upper Westchester/CT	Mr. Thankachan Geevarghese	(914) 939-0282
Upper Westchester/CT	Dr. Geevarghese Kochumman	(914) 629-7341
Yonkers East	Mr. Thomas V Varghese	(914) 661-6095
Yonkers North	Mr. K C Thomas	(914) 963-3499
Yonkers South/West/ Bronx	Mr. M J George	(914) 376-7185

MANDALAM & DIOCESAN REPRESENTATIVES

Sabha Mandalam	Mr. Cheriyan Varughese	(914) 965-0969
Diocesan Representatives	Mrs. Sherly Thomas	(516) 796-2672
	Mr. Levan G Thomas	(917) 406-1149
	<i>Mr. Samuel K Samuel</i>	<i>(914) 693-8490</i>

ORGANIZATIONAL REPRESENTATIVES

Choir	Mr. Danny Eapen	(914) 338-6708
Edavaka Mission	Mr. K G Varghese	(914) 330-9672
Sr Citizens Fellowship	Mr. George Varkey	(845) 268-0812
Sevika Sanghom	Mrs. Rachel Varghese	(914) 330-9672
Sunday School	Mr. Sajan Abraham	(917) 304-2121
Youth Fellowship	Mr. Shyju Varughese	(845) 5960537
Young Family Fellowship	Mr. Sunil Varughese	(845) 598-3994
Yuvajana Sakhyam	Mr. Sabu JoNovh	(914) 364-1850

AUDITORS

Mr. Thomas Oommen	(516) 796-2672
Dr. Varghese Abraham	(914) 961-4405

Lent IS A TIME TO

GROW

CLOSER TO JESUS